

Gastroenterology & Nutrition, PC

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PREPARATION for CAPSULE ENDOSCOPY

THE DAY BEFORE THE TEST

1. There is no preparation to take and you may have regular meals up until 4 PM the day before your CAPSULE Endoscopy. You may take your usual medications the day before the test.
2. STOP IRON THERAPY 3 DAYS BEFORE THE TEST (if applicable)
3. **Very important: do not eat or drink anything after midnight before the procedure.**

THE DAY OF THE TEST:

1. Do not eat or drink anything.
2. Do not take any diabetic medications (if applicable)
3. You should only take your blood pressure and/or anti-seizure medications with small amount of water 3 to 4 hours before the TEST (if applicable)
4. You should take one dose of Reglan 1 hour before your test
5. Report to the office as instructed by the physician 15 minutes before your scheduled time.
6. You will be able to go home after the capsule is ingested.
7. You will be able to eat liquid food 2 hours after you swallow the capsule. You may eat regular food 4 hours after you swallow the capsule.
8. Please return all the equipment to the office at the indicated time after the test.